



# NEWS DETECTIVES

## TODAY'S NEWS STORY

### 'Why everyone should be a part-time farmer'

#### KEYWORDS

- ☐ **Urban:** Part of a city or town
- ☐ **Burn-out:** Feeling worn out mentally
- ☐ **Ecology:** Relationships between humans and the environment
- ☐ **Organic:** Production without using chemicals



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#### BUILD YOUR KNOWLEDGE

Hybrid work is when employees work some days in the office and some days remotely. You might have heard that a lot of people have started working from home since the Covid-19 pandemic — but how about working from a farm? Some people in France are doing just that!

Do you ever hear the call of the wild? Are you tired of your boring **urban** life? Part-time farming might just be for you!

#### Best of both worlds

Some people in France are now splitting their week between the office and the farm.

They say this gives them both the benefits of physical farm work and the higher salaries that are found in cities.

#### Lifestyle choices

An example is Matthew Charlton, a university teacher who spends half his week growing watercress near Paris. "It's a lifestyle that suits me perfectly," he says. "I get a lot of outdoors, then I can recharge my batteries two days a week in Paris."

Matthew and others believe that working in the farm helps them reach spiritual fulfilment. They also think the office causes emotional **burn-out**.

#### Bio-benefits

Believers in the new lifestyle highlight the importance of **ecology** in their choices. They claim that hand-grown, **organic** food is better for us.

"If we don't get people into the fields, then farms will get bigger and bigger and more and more industrial," says Julien Maudet. With benefits for both our environment and mental health, it's no surprise that many are hearing the call of the wild!





# INVESTIGATION OF THE DAY

IS IT THE PERFECT LIFE?

**WHAT**  
could be the environmental benefit of the new lifestyle?

**WHO**  
has started growing watercress near Paris?

**WHERE**  
is the new lifestyle being found?

**WHEN**  
did the new hybrid working patterns start?

**WHY**  
do people like the idea of farming?

**HOW**  
many days per week does Matthew work in the city?

## 1 TAKE ACTION

Did you know that many farms are open to visitors? It's true! Going to a farm can be a great day out — and a chance to learn about nature.

Do some research about children's farms near you. Why not think about the questions you could ask the farmers if you go?



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## 2 SHARE YOUR IDEAS

What have you found out in your investigation? Write, present or even record a piece that describes everything you might see on a farm! Share what you've learned with your family and friends. What do they think? We want to hear your ideas too! Your teacher can share your reports with us too by sending them to [editorial@theday.co.uk](mailto:editorial@theday.co.uk).

## 3 Build THE Change



### CREATE YOUR DESIGN

If you worked on a farm, what would you do? Look after the animals or grow crops? Draw your perfect farm, including all the animals you'd like to keep and the plants you'd like to grow.

#### STEP 1:

Think about your design!  
Where will the animals live?  
How can you keep them separate from the crops? Don't forget to leave space for the farmers too!

#### STEP 2: Build the change!

Share your perfect farm design with friends and family! If you have time, why not use LEGO® bricks or recycled craft materials to build a model of it?

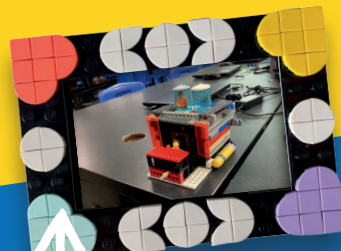
**Share your genius**  
Show your work to your class!



Upload a photo of your work to the **Build the Change** gallery by scanning the QR code and have your work displayed to inspire real-world change.

## 4 BUILDER OF THE WEEK

Every week we handpick one of the most inspirational designs from our online photo gallery to be our **BUILDER OF THE WEEK**. To get your creation featured here, ask your grown-up to take a photograph and upload it to our Build the Change gallery, using the QR code on this page.



This week we have a house that is able to float and has oxygen tanks to help us breathe.

**"GREAT WORK!"**



This worksheet is available every weekday at 6:30am London time from <https://theday.co.uk/resources/news-detectives>. For any feedback or help please contact [buildthechange@theday.co.uk](mailto:buildthechange@theday.co.uk). Thank you.

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