EXTRA EXTRA!

READ ALL ABOUT IT

Why Matthew is a teacher/farmer

This is an edited version of a story from © BBC News (27/10/2024)

A new group of people has emerged wanting the best of both worlds: city and country. They use the opportunities of technology and workplace flexibility for a hybrid lifestyle that – they say – fits today's desire for meaning as well as money.

Working the soil brings the rewards of physical labour, and a sense of purpose too often missing from their day jobs. But they also keep the financial assurance of their city salary.

"What we need to do is bring the two worlds together," says Julien Maudet. Maudet co-founded Slasheurs-cueilleurs, an organisation that promotes these new cross-over careers.

The idea came to Maudet during the Covid lockdowns. When he began looking a year ago, he realised that there were already hundreds of people doing it.

A classic example is Matthew Charlton, a teacher at Sorbonne university who now spends more than half his week growing watercress south of Paris.

"It's a lifestyle that suits me perfectly. I get a lot of outdoors, then I can recharge my batteries two days a



week in Paris," he says.

In the city these slasheurs are lawyers, engineers and consultants. In the country they are market-gardeners, winegrowers or labourers.

What unites them is a desire for spiritual fulfilment, as well as the idea of organic production. All agree that office-based careers have left them at times feeling pointless.

Marie Paitier, a cider-maker and human resources consultant, says she and her husband both suffered "burn out" because of their city jobs.

"I didn't want to leave everything behind. I liked my job in Paris – and the money is important. But this way we have the right balance," she says.

City types have always dreamed of a simpler rural life. What is different now are the possibilities opened up by technology — remote working, artificial intelligence, flexible careers — as well as the growing importance of ecology in the choices we make.

"Our farms need more hands if they're to produce the kind of quality food which we should be eating," Maudet concludes.

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CHECK YOUR FACTS WHO could be the WHERE WHY environmental has started benefit of the new lifestyle? do people like is the new growing did the new HOW the idea of lifestyle being watercress near many days per Week does hybrid working farming? patterns start? Paris? found? Matthew work in the city? ANSWER: ANSWER: ANSWER: ANSWER: Spiritual fulfilment ANSWER: Matthew More and avoiding France ANSWER: The Covid-19 Charlton burn-out organic 2 days pandemic food

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