

## NEWS DETECTIVES

#### TODAY'S NEWS STORY

### **Three fantastic** reasons to go to the park

#### **KEYWORDS**

- Havens: Safe places
- Aristocrats: The wealthy, upper class
- Urban: In a city
- **Architects:** People who design buildings and spaces



#### **BUILD YOUR KNOWLEDGE**

It's the last chance to enter our Planet Play competition, which closes 5 July! Let us know how you would reimagine your street as a place for play. To get inspired, why not check out our Planet People podcast, full of tips on how to rewild your life!

arks are to get their due with a week long celebration at the end of this month.

Who doesn't love a park? These little green havens from the worries of the world are the perfect place to spend a summer day.

Once upon a time, they were places for aristocrats to see and be seen. But parks are for everyone. And they're good for everyone too. Here are three reasons to show your park some love.

#### Parks make you healthy

From parkrun to parking yourself on a bench with a good book, there are countless ways that parks boost your health. You can relax and reduce stress: or you can work up a sweat. There's no place better to do both than a park.

#### Parks bring people together

Communities come together in parks. Children and their parents meet as they play.

People have parties, or organise classes and meet-ups.

#### Parks are for the future

When modern **urban** parks were first designed in the 19th Century, architects wanted to give ordinary people access to nature. Today they still help to preserve it. Parks clean our air, house animal species, and even reduce greenhouse gas emissions!

If you love your park, find out what's going on this Love Parks week.





## **INVESTIGATION OF THE DAY**

**SHOULD SCHOOL BE OUTDOORS?** 

#### WHAT makes parks good for the environment?

wHO
were the first
people who
used parks?

WHERE can you both relax and do exercise?

when is Love Parks week? why
are parks
good for
communities?

#### TAKE ACTION

Love Parks is your park's chance to shine! This week-long celebration is the perfect opportunity to engage your local community, boost park pride, and get everyone enjoying your amazing green spaces! How will you celebrate yours? Maybe your class could organise a community event to showcase your park's fantastic facilities or arrange a park tidy up to keep it at its best for people and wildlife to enjoy.



#### SHARE YOUR IDEAS

What have you found out in your investigation? Write, present or even record a piece that celebrates your local park! Share what you've learned with your family and friends. What do they think? We want to hear your ideas too! Your teacher can share your reports with us too by sending them to <a href="mailto:editorial@theday.co.uk">editorial@theday.co.uk</a>.

# Build THE Change





#### **COMPETITION TIME!**

Because of traffic and poor town planning, 60% of 4 to 11 year olds never play outside on their own street. But research tells us that playing outside and connecting with nature is good for people and the planet. One brilliant solution is to set up your own Play Street that's designed for people and nature to thrive! Visit <a href="https://www.playingout.net">www.playingout.net</a> then enter our design competition!



Reimagine a street near you as a wild and playful street, one where young people can safely play outside and interact with nature.

step 2: Share your vision with us by creating a drawing or a 3D model made from LEGO, craft bits, natural materials or recycled rubbish. Don't forget to explain your awesome ideas and take a photo of your build.

STEP 3: Write a letter persuading the adults around you to set up a wild play street in your community so that local people, wildlife, and our amazing planet can all thrive. Read to them and then send it to us, along with your designs or photos to be

in with a shot of winning!



competition

to win prizes!

Visit www.theday.co.uk/build-the-change-planet-play/ to find out how to enter the competition.

This worksheet is available every weekday at 6:30am London time from <a href="https://theday.co.uk/resources/news-detectives">https://theday.co.uk/resources/news-detectives</a>.

For any feedback or help please contact buildthechange@theday.co.uk. Thank you.