

THE DAY  
FIND YOUR VOICE



# NEWS DETECTIVES

## TODAY'S NEWS STORY

### Get ready for 'random acts of wildness'

#### KEYWORDS

- ☐ **Booming:**  
Growing, doing well
- ☐ **Random:** Without a particular purpose
- ☐ **Rewild:**  
Let nature back in
- ☐ **Lingering:**  
Sticking around



#### BUILD YOUR KNOWLEDGE

The Wildlife Trusts is a network of 46 Wildlife Trusts in the UK. It is a movement of volunteers dedicated to preserving nature in their local areas. There are over 900,000 supporting members, and 39,000 volunteers in the Trusts. They manage more than 2,600 nature reserves in the UK.

The tenth annual 30 Days Wild challenge starts on 1 June, and there are so many ways to go wild.

#### Wilding out

June is the wildest month. Plants, bugs and birds are all **booming**. And what better time to go outside and reconnect with nature.

#### Challenge accepted

That's why the Wildlife Trusts started the 30 Day Wildlife challenge. For ten years, the Trusts have been challenging us to get out and see the wonders of nature.

Every day you need to perform a **random** act of wildness. Anywhere outside will do.

The Trusts provide everyone who takes part with free herb seeds, as well as ideas for activities to **rewild** your life.

#### Born to be wild

We all need a little bit more wildness. A study in 2018 found that British children only spent seven hours outside on a normal week.

Scientists have found

that there are strong links between spending time in nature and wellbeing.

And a survey of people who took part in the 30 Days Wild challenge found that the benefits of being outdoors **lingered** long after the challenge was over.

#### Wild ways

Some of your acts of wildness might include listening to birdsong, running outside, looking for flowers or counting the bugs.

It all kicks off 1 June with a Big Wild Breakfast.



Our Build the Change Tuesday resource is sponsored by the LEGO Group and is free for all schools. This worksheet is available every weekday at 6:30am London time from <https://theday.co.uk/resources/news-detectives>. For any feedback or help please contact [buildthechange@theday.co.uk](mailto:buildthechange@theday.co.uk). Thank you.



# INVESTIGATION OF THE DAY

HOW WILL YOU BE WILD?

**WHAT**  
month is  
the wildest?

**WHO**  
thinks nature  
is good for  
you?

**WHERE**  
can you do  
your random  
acts of  
wildness?

**WHEN**  
was the first  
30 Days Wild  
Challenge?

**WHY**  
do children  
need more  
wildness?

**HOW**  
might taking  
part help you?

## 1 TAKE ACTION

Start connecting with nature right now by taking part in the Wildlife Trust's 30 Days Wild challenge all throughout June.

Visit [www.wildlifetrusts.org/30dayswild](http://www.wildlifetrusts.org/30dayswild) for tons of really wild ideas! Don't forget to use all your new nature knowledge by entering our planet play competition!



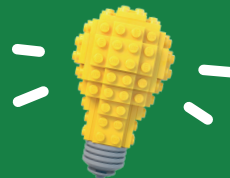
© Freepik

## 2 SHARE YOUR IDEAS

What have you found out in your investigation? Write, present or even record a piece that shows off some ideas for being wild? Share what you've learned with your family and friends. What do they think? We want to hear your ideas too! Your teacher can share your reports with us too by sending them to [editorial@theday.co.uk](mailto:editorial@theday.co.uk).

3

## Build THE Change



### COMPETITION TIME!

Because of traffic and poor town planning, 60% of 4 to 11 year olds never play outside on their own street. But research tells us that playing outside and connecting with nature is good for people and the planet. Did you know there's a brilliant solution to this problem? You can set up your own Play Street. Visit [www.playingout.net](http://www.playingout.net) to find out more.

#### STEP 1:

Reimagine a street near you as a wild and playful street, one where young people can safely play outside and interact with nature.

**STEP 2:** Share your vision with us by creating a drawing or a 3D model made from LEGO, craft bits, natural materials or recycled rubbish. Don't forget to explain your awesome ideas and take a photo of your build.

**STEP 3:** Write a letter persuading the adults around you to set up a wild play street in your community so that local people, wildlife, and our amazing planet can all thrive. Read to them and then send it to us, along with your designs or photos to be in with a shot of winning!



Enter the  
competition  
to win prizes!

Visit [www.theday.co.uk/build-the-change-planet-play/](http://www.theday.co.uk/build-the-change-planet-play/) to find out how to enter the competition.

This worksheet is available every weekday at 6:30am London time from <https://theday.co.uk/resources/news-detectives>.  
For any feedback or help please contact [buildthechange@theday.co.uk](mailto:buildthechange@theday.co.uk). Thank you.

LEGO, the LEGO logo, the Minifigure, and the Brick and Knob configuration are trademarks and copyrights of the LEGO Group. ©2022 The LEGO Group. All rights reserved.